



Galway
and Mayo
Hospices



Your Stay in Our Inpatient Unit

Information for patients,
families and carers



Welcome

Welcome to Galway and Mayo Hospices.

Our Inpatient Unit provides specialist palliative care for people living with life-limiting illnesses. Our aim is to help you feel as comfortable as possible while supporting you and those closest to you.

Every person's needs are different. We will work with you and your family to provide care that respects your wishes, comfort and dignity.



What is palliative care?

Palliative care focuses on improving quality of life for people living with a life-limiting illness.

It supports physical, emotional, social and spiritual wellbeing and can be provided at any stage of an illness — not only at the end of life.

It is available for people living with many different conditions, including cancer, heart failure, motor neurone disease, dementia and other serious illnesses.

Our Inpatient Units

Galway and Mayo Hospices provide specialist inpatient care in purpose-built facilities designed to support both patients and families.



Galway Hospice

- 18 inpatient beds
- Single rooms and four-bedded bays
- Telephone, television, Wi-Fi, fridge and nurse call system
- Single rooms are allocated according to clinical need.



Mayo Hospice

- 14 single ensuite rooms
- Telephone, television, Wi-Fi, fridge and nurse call system
- Access to gardens, courtyard and reflection room.

Your Care Team

You will be cared for by a multidisciplinary team working together to support your individual needs.

This may include:

- Doctors
- Nurses
- Healthcare Assistants
- Physiotherapists
- Occupational Therapists
- Social Workers
- Pharmacists
- Pastoral Care
- Complementary Therapists, including Aromatherapy and Art Therapy



**You will
be involved
in decisions
about your care
throughout
your stay.**



Medical Care

A Consultant in Palliative Medicine oversees your care during your stay.

A doctor is available every day to review your treatment, and medical support is available 24 hours a day.

With your permission, doctors can also speak with your family or carers. Family meetings can be arranged whenever needed.



Visiting

We have an open visiting policy, so there are no set visiting hours.

Sometimes we may need to limit visitor numbers to protect patients' comfort and wellbeing. Our team is always happy to offer guidance if visits become tiring.

Children are welcome when accompanied by an adult.



Your Stay

There is no charge.

All hospice services are provided free of charge.

What should I bring?

Please bring:

- Your current medications
- Toiletries
- Nightwear
- Comfortable slippers or supportive footwear
- Glasses, hearing aids or walking aids if required
- Favourite snacks, drinks or personal items, such as photographs

We recommend leaving valuables at home whenever possible. If needed, a small safe is available **for temporary storage.**



**NO
FEES**

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services are
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of charge.**

Your Information

Everyone working and volunteering at Galway and Mayo Hospices respects your privacy and confidentiality.

You also have the right to access your clinical records. If you would like more information, please speak with a member of the team.



We Are Here to Help

If you have any questions or would like more information about our Inpatient Unit, please contact us. We are here to listen, support and help in any way we can.

Contact Us

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Every moment matters

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