



NEWSLETTER – SPRING 2026

Galway Hospice Foundation



**Living With MND:
Helen's Story**

CONTENTS

WELCOME.....	3
AT A GLANCE.....	4
SPOTLIGHT.....	6
HOSPICE STORIES.....	8
OUR CARE IN ACTION.....	10
OUR HOSPICE VOLUNTEERS.....	15
OUR HOSPICE COMMUNITY.....	16
DATES FOR YOUR DIARY.....	18
IT'S ALL THANKS TO YOU.....	19





WELCOME

Dear Friends,

As we move into spring, I am delighted to share with you the latest edition of our Galway Hospice newsletter — a reflection of the many moments, people and partnerships that continue to shape our hospice community.

Inside these pages, you will find stories that speak to the heart of hospice care. From the courage and resilience of patients like Helen, to the simple yet powerful moments of connection shared with Greg, these experiences remind us that hospice care is always about the person behind the illness and the moments that matter most.

You will also read about the many ways our teams support patients and families beyond clinical care — through initiatives such as Carers Connect, creative therapies like Art Therapy, and the dedication of our multidisciplinary staff working together to provide compassionate, holistic support.

Our volunteers and community continue to play a vital role in everything we do. Whether through fundraising events, corporate volunteering, or the quiet presence of those who give their time so generously, their kindness and commitment make a profound difference to the lives of those we support.

I am deeply grateful to our staff, volunteers, supporters and community partners whose generosity and dedication make our work possible.

Thank you for continuing to walk alongside Galway Hospice.

Warm regards,

Mary Nash
Chief Executive

AT A GLANCE

A Special Morning with Ireland AM

We were delighted to welcome the **Ireland AM** team to Galway Hospice for a live broadcast with **Deric Hartigan**, bringing a festive and uplifting atmosphere to the hospice canteen last December.

With Christmas jumpers, live music and plenty of laughter, the morning reflected what Galway Hospice is all about – community, connection and care. Patients, volunteers and staff came together to share the moment, reminding us that hospice care is not only about clinical support, but also about living well and finding joy in everyday moments.

We were especially honoured to be joined by members of the **Galway Camogie Team**, who brought wonderful positivity and community spirit, and by the **Galway Ukulele Tribe**, whose music filled the canteen with warmth and celebration.

A Match to Remember for Greg

Greg, one of our cherished patients, had been planning a special trip to London with his son to watch Tottenham play Crystal Palace. It wasn't only about seeing his team play – it was about sharing the moment and creating a memory together.



When Greg's symptoms worsened, he needed to stay in our Inpatient Unit for care, and the trip was no longer possible. But the team caring for Greg wondered if there might be another way to bring a little of that experience to him.

Thanks to the incredible kindness of the team at **The g Hotel**, Greg and one of our healthcare assistants, Simon, were able to enjoy a special evening together watching the match. The team at The g Hotel prepared a wonderful surprise: a Tottenham flag, refreshments for the game, and a private space just for them.



“I felt like a rock star,” Greg said with a smile.

And while he may not be a rock star, he certainly is a star for us. Because this is what hospice care is about — seeing the person behind the illness, understanding what matters most to them, and doing everything we can to make those moments possible.

Moments like this remind us how powerful kindness and community support can be — helping us live our belief that **every moment matters.**



St Patrick's Day at the Hospice

In the days leading up to **St Patrick's Day**, patients and staff came together to decorate the hospice and prepare for the celebrations. With music, dancing and plenty of green, it was a joyful day shared together — full of laughter, connection and community spirit.

Visit from Galway City Mayor

At the beginning of February, we were delighted to welcome **Galway City Mayor, Cllr. Mike Cubbard**, to Galway Hospice. During his visit, he spent time with our Day Care patients and staff, sharing meaningful conversations and moments together.

We are very grateful for his time, thoughtfulness and continued support of hospice care in our community.

A Sweet Valentine's Day at Day Care



This Valentine's Day, our Day Care volunteers baked homemade cookies for patients — each one personalised with their names.

A simple gesture, thoughtfully made and full of kindness. At

Galway Hospice, it's often the smallest moments that mean the most.



SPOTLIGHT

“No matter your age, no matter your situation — if you’re here now, you still have something to give.”

Dáithí Ó Sé on Community, Presence and the Tree of Lights

Each year, the **Tree of Lights ceremony** brings our community together to remember loved ones and reflect on the moments that matter most. Long-time supporter of Galway Hospice **Dáithí Ó Sé** joined us again last December to light the Memorial Tree and spend time with patients and families. We spoke with him about what the evening — and Galway Hospice — means to him.

You’ve been involved in the Tree of Lights ceremony for a number of years. What does the event mean to you?

I’ve been part of the Tree of Light ceremony for a number of years now, and from the beginning the symbolism of the tree really struck a chord with me. I didn’t have any personal experience with hospice care before that. Thankfully none of my own family needed hospice care — but I’ve always believed that you don’t have to have that personal connection to be involved. I believe in the work that’s happening here.

For me, the tree is a powerful symbol. If you stand close, you see each light — each one singular and unique, just like every one of us



here tonight. But when you step back, you see the whole tree glowing together. That’s what it’s like — we come together as a community. Some people are here for the tenth year in a row, some for the third, and some for the very first time.

And for those coming for the first time, seeing others return year after year shows that the people we’ve lost are still very much alive in our hearts. That really means a lot.

Does the ceremony bring up personal reflections for you?

I lost my sister over 20 years ago and my father about 13 years ago. Even though they didn't receive hospice care, this ceremony still gives me — and others — a moment to stop and reflect. To think about those who were part of our lives and aren't here anymore.

That's the gift this tree gives. You might be walking or driving past and when you see it lit up, it sparks a memory. It invites you to pause.

You've also spent time meeting patients here at Galway Hospice. What has that experience been like?

Being here at Galway Hospice and meeting patients, it's clear how much every moment matters. Every second counts. We are here now.

The past and the future live in your imagination — you can't touch yesterday or tomorrow, but you can touch this



Jimmy Buckley, renowned country music star, **George Guest**, one of our cherished patients who lit the ceremonial lantern on the night, and **Dáithí Ó Sé**, pictured at the Galway Hospice Tree of Lights celebration.



Frank Naughton of the Galway Tenors, **Galway City Mayor Mike Cubbard**, country music star **Jimmy Buckley**, **Dáithí Ó Sé**, and **Mary Nash**, CEO of Galway Hospice.

moment. That's what hospice is about: focusing on life, even near the end.

The reality is that many people who come here have suffered a lot. And once they arrive, that pain — especially the physical pain — starts to ease. The care they receive brings relief, but also peace of mind. There's emotional support too, not just for the patients but for the people they love and will leave behind.

Sometimes people only realise this two or three years later — how much the care here helped them through an incredibly difficult time.

What does Galway Hospice mean to you now?

People often ask what I get out of being involved — and honestly, I get to meet some of the greatest people. I've shared laughs with patients, something you might not expect inside a hospice. But that's the thing — people know they're here in this moment and they're living it. There's a powerful life lesson in that.

I've spent afternoons here making candles with patients, chatting, just being present. And what I've learned is this: no matter your age, no matter your situation — if you're here now, you still have something to give.

That's what Galway Hospice is all about.

HOSPICE STORIES

Living With MND: Helen's Story

Helen Brennan carries a writing pad with her everywhere. It has become her voice — her way of staying connected to the world she has always been part of.

Helen is a retired ICU nurse from Castlegar, Galway. For decades, she cared for people at their most vulnerable. A little over a year ago, life changed unexpectedly when she

began to notice subtle changes in her speech — changes that eventually led to a diagnosis of Motor Neurone Disease (MND).

Since then, Helen has lost her ability to speak and swallow. She now communicates by writing, carrying a small notebook with her at all times.

For Helen, losing the ability to enjoy food — once among her greatest pleasures — and the simple ritual of meeting friends for a coffee or a pint has reshaped her social world. But she has adapted.



“ Even though Helen has lost two of the abilities she valued most — her voice and her ease with food — she has not lost her spirit. She continues to live day by day with resilience, humour, and determination.

She walks her dogs daily, shops with her sisters, and stays closely connected with the people who matter most to her. Every Thursday, she swims with a group of retired nursing colleagues — something she treasures. Where life has changed, Helen has adapted — not by denying the losses, but by meeting them with courage and resilience.

MND affects everyone differently, but its impact is always profound. As a progressive neurological disease, it weakens the muscles that allow us to walk, speak, eat, breathe, and move. There is no cure, and its cause remains unknown — but symptoms can be managed. And this is where Galway Hospice comes in.

How Galway Hospice Supports People Living With MND

Our multidisciplinary team includes clinical nurse specialists, physiotherapists, occupational therapists, social workers, art therapists, chaplains, and palliative care doctors and nurses. Together, they help patients manage symptoms, maintain comfort and independence, and continue living in the ways that matter to them.

“As nurses, we try to support people to live as fully and comfortably as possible,” says Martina Considine, one of our Clinical Nurses. “One of the biggest misconceptions about hospice is that it’s only for the very end of life — but that isn’t true. Early integration can improve a person’s quality of life, and that’s always the goal.”

Martina is part of Helen’s care, and she speaks softly when describing the impact of MND on both the person and the family.

“We support the whole family,” she says. “Something like this affects everyone. It breaks your heart, especially knowing the work Helen did for so many years. She cared for people with MND long before she ever imagined needing that same care herself.”

At Galway Hospice, we strongly advocate for early palliative care involvement for people with MND. When symptoms begin to affect daily life — breathlessness, weakness, swallowing difficulties, fatigue, emotional strain — early support can make a significant difference.

Holding On to What Matters Most

Even though Helen has lost two of the abilities she valued most — her voice and her ease with food — she has not lost her spirit. She continues to live day by day with resilience, humour, and determination. She refuses to let MND define who she is.

Her courage is felt throughout the hospice — by staff, by her family, and by everyone who has the privilege of meeting her.

Helen’s story is just one of many. There are currently over 470 people living with MND in Ireland, with around 150 new diagnoses annually. At Galway Hospice, our support for people with MND continues to grow: from 14 patients in 2021 to 35 in 2024 — and rising, as awareness of early palliative care increases.

We are deeply grateful to Helen — and to her family — for allowing us to share part of her journey. Her voice continues to say so much.

OUR CARE IN ACTION

Carers Connect: Supporting Those Who Care

Galway Hospice has launched **Carers Connect**, a new fortnightly peer support group designed to support carers of people living with a life-limiting illness.

The group takes place on the **second and fourth Friday of each month**, from **11.00am to 12.30pm**, at Galway Hospice. It is open to carers supporting a loved one receiving specialist palliative care either in the community or in the Galway Hospice Inpatient Unit.

Carers Connect offers a welcoming and informal space where carers can step away from their caring role for a short time, connect with others who understand their experience, and feel supported and valued.

“Carers often put their own needs last and can feel invisible,” said **Mags Fitzgerald, Senior Medical Social Worker at Galway Hospice**. “Carers Connect aims to provide a space where carers can take time out, feel heard, and connect with others over a cup of tea – people who truly understand the challenges and pivotal role they play.”

Each 90-minute session gives carers the opportunity to share experiences, build connections and reflect on the emotional impact of caring in a supportive, non-judgemental environment. Sessions will also include a short self-care or relaxation exercise to support carers’ mental and emotional wellbeing.



“ Carers often put their own needs last and can feel invisible.

The programme aims to:

- Reduce isolation and help carers feel less alone
- Strengthen peer connection and mutual support
- Help carers recognise and prioritise their own self-care needs
- Provide a safe space to explore worries and emotions
- Building on the success of Carers Connect in Mayo

Carers Connect was first introduced at **Mayo Hospice in November 2025**, where it has been warmly received. The Mayo groups run on the **second and fourth Wednesday of each month**, from **11.00am to 12.30pm**, supporting carers of people receiving care from the Community Specialist Palliative Care Team or attending Mayo Hospice Day Care or the Inpatient Unit.

“Care aligned with cultural and spiritual values matters deeply at end of life”

By Pete Maguire

Senior Medical Social Worker

On a cold, rainy January day, Galway Hospice was honoured to welcome Dhirabodhi, a Theravāda monk from the Thai Forest Tradition. At very short notice, Dhirabodhi generously agreed to visit the hospice to offer blessings and spiritual support to one of our patients. His presence brought great comfort, peace and reassurance to the patient, their family and staff, creating a deeply meaningful moment for all involved.

In Thailand and across much of Southeast Asia, it is customary for monks to attend to the spiritual and emotional needs of those approaching the end of life. Their role is to offer prayers, blessings and guidance, supporting both patients and their loved ones through this sacred transition. We were deeply grateful that this tradition could be honoured here, allowing our patient to receive care that was closely aligned with their cultural and spiritual values.

Central to monastic life is the practice of meditation and the cultivation of wisdom, kindness and equanimity. Monks often provide spiritual guidance, lead ceremonies,

and offer comfort in times of illness, loss and bereavement. Their presence is widely regarded as a source of calm, reassurance and spiritual strength, particularly during the final stages of life.

According to the most recent Irish census, around 9,000 people in Ireland identify as practising Buddhists, and Ireland also continues to welcome a growing Southeast Asian community. This increasing diversity enriches our society and highlights the importance of providing care that is respectful, inclusive and responsive to different cultural and spiritual traditions.

Galway Hospice is firmly committed to meeting the needs of the diverse communities we serve. We strive to provide compassionate, holistic care that recognises each person's individuality — encompassing physical comfort, emotional support and spiritual wellbeing. Experiences such as this remind us of the profound impact that culturally sensitive care can have, particularly at the end of life.

We extend our sincere thanks to Dhirabodhi for his kindness, flexibility and generosity, and to all those who helped facilitate this special visit, including Anna and Matt from Sunyata Buddhist Centre. It was a powerful reminder of the universal values of compassion, dignity and respect that lie at the heart of hospice care.



Art Therapy: When Creativity Becomes Care

Art therapy is an important part of holistic care at Galway and Mayo Hospices. Through creative expression — using materials such as paint, clay, drawing, or natural objects — patients are offered a space to reflect, express emotions and connect with themselves in ways that words alone cannot always reach.

Art therapy sessions are always guided by the patient. Some people choose to create, others simply sit in the space, talk,

or explore materials at their own pace. In hospice care, where time and meaning often take on new importance, these moments can offer calm, connection and a sense of identity beyond illness.

Our art therapists work closely with the multidisciplinary team to support the emotional and psychological wellbeing of patients and families. Here, Anna Mulvihill (Mayo Hospice) and Kathy Hyland (Galway Hospice) share what art therapy means in their work.

“This is a place where you can really breathe and be yourself”

Anna Mulvihill

Art Therapist, Mayo Hospice

Art therapy is difficult to explain in words because every experience is different. It depends on the person, where they are emotionally that day, and what they bring with them into the space. My role is to create a safe and trusting environment where people can explore creativity in their own way.

Many people arrive thinking they're coming to an art class, or feeling nervous because they believe they're “not artistic”. But once they realise there are no expectations, they often relax. In illness, so much can feel out of control — and art therapy offers a space where the patient decides how much they want to engage.

Art therapy can help people slow down, reflect and reconnect with themselves. ▶



It's a place where you can really breathe, be present and simply be who you are.

Working in palliative care brings a strong awareness of how precious time can be. That awareness often allows deep connections to form very quickly. It's a privilege to share those moments with people and to see the courage and creativity that can emerge when they allow themselves to explore something new.

“Art therapy can reach places words can’t”

Kathy Hyland

Art Therapist, Galway Hospice

People often say to me, “I can’t even draw a straight line.” But art therapy isn’t about creating something perfect. It’s about expression, connection and discovering a creative space that belongs to the person.

When someone is living with serious illness, there can be so many emotions and uncertainties. Art therapy offers a place to reflect, process and sometimes express things that are difficult to say out loud. Images can reach places that words cannot.

Trust and relationship are central to the work. Patients decide what they create and what happens to their artwork — it can be kept, gifted to family, or simply explored in the moment.

The materials themselves can also carry meaning. Some people work with paint or



clay, others are drawn to simple objects like shells, stones or twigs. Sometimes the choice of material opens conversations about life, memories or what feels fragile in the present moment.

Being part of a patient’s journey when life feels especially fragile is a profound privilege. Every day is different, but witnessing the courage, honesty and creativity of patients and families is something that stays with you.

OXYGEN Project: Designing Better Hospice Care Together

Galway Hospice and Mayo Hospices have come together to develop an OXYGEN Project, a new initiative focused on improving hospice and palliative care services for people who need to use Oxygen. It is currently in its design phase, using an approach called Experience-Based Co-Design (EBCD).

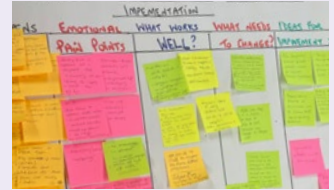
This method places the experiences of patients,

families, carers, and staff at the centre of service improvement. Through conversations, shared stories, and design workshops, participants help identify important moments in the care journey and work together to design practical improvements.

By listening to those who give and receive care, the OXYGEN Project aims to ensure that future hospice services reflect what matters

most to the people who use and deliver palliative care.

Project leads: Joan Boulton, Therapies Manager and Deirdre Munro, Clinical Facilitator.



Supporting Care with Greener Transport

As part of our ongoing commitment to sustainability, Galway and Mayo Hospices have introduced two new fully electric vehicles to support our services across both sites.

Following the installation of EV charging points and a review of our fleet needs, this transition marks an important step in reducing emissions while maintaining reliable, day-to-day service delivery.

The new vehicles will support staff travelling between sites, as well as our community teams providing care to patients in their homes and attending Day Care services. By moving to electric vehicles, we are reducing our environmental impact while continuing to deliver compassionate care across our communities.

Training in Massage and Touch Techniques for Cancer and Supportive Care

Galway Hospice will host the **Massage and Touch Techniques for Cancer and Supportive Care (MTCSC)** training course for qualified massage therapists in 2026. The course aims to equip therapists with the specialised knowledge and practical skills needed to safely support people living with cancer and those receiving palliative care.

Facilitated by **Ann Marie McGrath**, a nurse and experienced complementary therapist working in the Therapies Department at Galway Hospice, the training combines online learning with four days of practical, in-person sessions.

Two course dates are planned for 2026: **22-25 May** and **25-28 September**, taking place at Galway Hospice in Renmore.

Massage & Touch Techniques

For Cancer & Supportive Care

Training course for qualified Massage Therapists

Dates available:
• 22-25 May
• 25-28 September

Book your place online:
galwayhospice.ie/massagecourse



OUR HOSPICE VOLUNTEERS

Mar go bhfuil do theanga tábhachtach

Volunteers Bringing the Irish Language into Hospice Care

During **Seachtain na Gaeilge** (1–17 March), Galway Hospice celebrated the important role that language can play in creating connection, comfort and dignity in care through the campaign **“Because Your Language Matters / Mar go bhfuil do theanga tábhachtach.”** For many patients and families across Galway — particularly those from the Gaeltacht — hearing and speaking Irish can bring an immediate sense of familiarity during difficult moments.

Our volunteers play a special role in creating that connection. By greeting patients in Irish, sharing conversations or simply spending time together, they help create a welcoming and reassuring environment.

Volunteer **Aonghus Ó Concheanainn** explains:



“Although people often come to us during very difficult times, when they are welcomed in their own language, the hospice feels less intimidating and their confidence grows that they will find care and support here.”

For volunteer **Tim Folan**, these moments can be deeply meaningful:

“Many people come here from Connemara. When we can speak Irish with them, it means a lot.”



At Galway Hospice, our volunteers bring kindness, presence and cultural understanding — reminding us that sometimes the smallest gestures can make the greatest difference.

This initiative also reflects the wider commitment across Galway Hospice to recognising the importance of language and cultural identity in care. From the first welcome at reception to conversations with nurses, doctors, therapists and volunteers, small gestures can help people feel understood, respected and at home during some of life’s most vulnerable moments.

Above: Volunteer **Tim Folan**, who often connects with patients through the Irish language.

Left: Volunteer **Aonghus Ó Concheanainn** supporting the Irish language initiative during Seachtain na Gaeilge.

OUR HOSPICE COMMUNITY

Celebrating Galway's Nature and Community

Galway Hospice was delighted to host the launch of *Siúlóidí Dúlra Ghailimh S'Againne / Our Galway Nature Walks*, a new bilingual walking guidebook co-authored by **Joe McGinley** and **Patrick McGinley**. Described as "a bilingual book for our bilingual city," the guide invites readers to explore the beauty of Galway through both Irish and English.

The book is the eighth in the McGinley family's popular series on walks in the West of Ireland, with all proceeds supporting Galway Hospice. Each book is available for €15.

We were honoured to welcome Galway City Mayor Mike Cubbard as guest of honour for the launch, alongside speakers including Máire Mairéad Ní Loideáin and Joe McGinley.

Our sincere thanks to the authors and everyone involved for their generous support of hospice care in our community.



Corporate Volunteers Bring Festive Spirit to the Hospice

We were delighted to welcome the team from **Centripetal Networks** to Galway Hospice as part of their Corporate Social Responsibility Day. Through teamwork and plenty of enthusiasm, the group helped decorate the hospice for Christmas, putting up trees throughout the building and bringing festive warmth to our shared spaces.

Corporate volunteering plays an important role in supporting the hospice community. Days like this not only help prepare the hospice for the season but also create opportunities for connection between local organisations and the patients, families and staff we support.

A special thank you to Caroline, a much-loved former colleague who returned to coordinate the day, and to the entire Centripetal Networks team for their generosity and community spirit.

“Colour kept me going”

By Lily Hughes

I started painting about 30 years ago.

My husband — Lord have mercy on him — had a head injury in a car accident. He never really came back to know where he lived or who he was. After Beaumont Hospital in Dublin, he came back down to Galway and I put an extension onto our house. I nursed him there for 19 years.

I had staff helping — physiotherapists, nurses, carers — because there were hoists and everything involved. I was still working my nursing shifts at the time. I'd work the nights and then come home and mind him. We just kept going.

One day my neighbor across the road told me she had started art classes in the Paintbox. She said, “Come on in.” So I did.

And I loved it.

I started with oil on canvas. Oil suited me because if you make a mistake, you can go over it. White paint is great for covering things up. That was reassuring. I kept at it — and it kept me going while I was minding my husband.

Colour is what hit me.

I also travelled with garden clubs — visiting flowers all over the world. Japan was my favourite. Seeing gardens, flowers, colours — that stayed with me. When you're caring for someone for 19 years, lifting, feeding, turning

with a hoist — you have to keep your own head going. Painting helped me do that.

If I wasn't painting, I don't know what I'd be doing. When I'm painting, I feel steady. It gives me security. It's very good for your head.



When I had my **exhibition at the Town Hall Theatre**, I never expected that at all. I had only ever been there before for pantomimes — I was chairperson for two years and involved in all that organising. But to have my own paintings there? I never imagined it. The exhibition was **organised to help raise funds for Galway Hospice**, which made it even more special to me.

My family were so proud. That meant everything to me.

The reason I chose to support Galway Hospice is because of my sister, who died of cancer, and my friend Rosemary, who also died. They stand out for me. My husband's two sisters died of cancer as well. The hospice cared for them, and it means an awful lot.

The hospice is not just a place of endings. It's care. It's surroundings. It's nurses and staff who have to be able for all of that care. It is part of the community.

And I think art should be part of that. Colour is important. Flowers are important. Colour helps people.

Colour helped me through what I had gone through.

DATES FOR YOUR DIARY

Sunflower Days 2026



Our annual **Hospice Sunflower Days** will take place on **Friday 12 June and Saturday 13 June 2026**.

This much-loved community fundraiser brings

hundreds of volunteers onto the streets of towns and villages across Galway city and county to sell sunflower pins, pens, trolley tokens and teddies in support of Galway Hospice.

Every donation helps us continue providing specialist palliative care and support to patients and families throughout the region. We look forward to another wonderful weekend of community support and are deeply grateful to everyone who volunteers, donates, and helps make Sunflower Days such a special event each year.

Remembrance Services 2026

Our annual Remembrance Services offer families an opportunity to come together to reflect, remember and celebrate the lives of their loved ones who were cared for by Galway and Mayo Hospices.



This year's services will take place on **22 April** and **7 October** at 7.30pm in Renmore Church, **Galway**, and on **30 April** and **1 October** at 7.00pm in ATU Mayo Hall, **Castlebar**.

During these special gatherings, facilitated by our Pastoral Care and Medical Social Work teams, candles will be lit in memory of those who passed away in 2025, creating a meaningful moment of remembrance for families and friends.

Croagh Patrick Climb 2026

The annual Galway Hospice Croagh Patrick Climb will take place on **Saturday 20 June 2026**, bringing supporters together for a meaningful day of remembrance and community. Proudly supported this year by **Revive Active**, this special event continues to unite people in support of hospice care.

More than a fundraising challenge, the climb is an opportunity for people to honour and remember loved ones while supporting hospice care. The climb begins at 9.30am at Croagh

Patrick, Westport, followed by a Memorial Service at 11.30am in St Patrick's Chapel at the summit.



Registration is €25 per person and includes a technical t-shirt, optional bus transport and refreshments.

For more information, contact Fundraising on **091 770868** or **fundraising@galwayhospice.ie**.

IT'S ALL THANKS TO YOU

Every gesture of support — whether raising funds, organising events, or spreading the word — makes a lasting difference for the patients and families we care for. The dedication and generosity of people in our community continue to inspire us every day.

We're deeply grateful to everyone who gives their time, energy, and kindness. Your support helps us be there when we're needed most — and we couldn't do it without you.



A heartfelt thank you to everyone involved in the 2025 **Daniel Megahey 5-A-Side Memorial Cup**, which recently raised **€15,683.84** for Galway Hospice. Now in its third year, the tournament brings

friends, family and the wider community together to remember Daniel while supporting hospice care. With more than 160 players taking part each year, the event has grown into a wonderful community occasion and has now raised an incredible €54,000 for Galway Hospice to date.

A sincere thank you to everyone at **Galwegians RFC** for their support through a special jersey auction, raising funds for Galway Hospice. As part of their Championship AIL season finale, the team auctioned unique "Blue Wall" jerseys, bringing the community together in support of local hospice care.



A heartfelt thank you to **Elaine Moyles Treacy**, who raised an incredible **€5,106** for Galway Hospice by completing the Dublin Marathon in memory of her father. We

are deeply grateful to Elaine, and to everyone who supported her, for helping us continue to provide compassionate care to patients and families when it matters most.

A big thank you to everyone involved in the **White Collar Boxing Programme** at The Ardilaun Hotel, which raised an incredible **€7,000** in support of Galway Hospice. It was a fantastic night of courage and community spirit. We are very grateful to the organisers, participants and supporters for making the event such a success.



A sincere thank you to **Carrie Dolan**, Galway Camogie Captain, for her support in launching this year's Car Raffle and raising awareness of the vital care provided by Galway Hospice.

A sincere thank you to **Paula King** and **Edward Boland of Kingstown College ECSL**, who raised over €8,000 for Galway Hospice in memory of Paula's sister, Jackie. Their generosity will support the purchase of vital equipment to enhance comfort and care for our patients.



A heartfelt thank you to the family of **Bridgie Conway**, who raised an incredible **€10,785.65** through a coffee morning in Lackagh held in her memory. We are deeply grateful to Valerie, Máiread, Frances and Maria, and to everyone who supported the event.



Every moment matters

Galway Hospice

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